Clinical trials in MSA

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What is a clinical trial?

Research study involving human patients to determine the effects of an intervention on the human's health

✓ Research studies – not standard of care

✓ Humans – not animals

 Human's health – can be symptoms or disease progression



Which one of these is a clinical trial?

- A. A doctor prescribing iron to treat anemia in a patient
- B. A study to test if aspirin can prevent cancer in rats
- C. A company selling stem cells for the treatment of neurological disorders in patients
- D. A study to define kidney abnormalities in Parkinson disease



Why do we need clinical trials?

Proving that a drug is effective to improve health outcomes in patients is the only way for a drug to be **FDA-APPROVED** for that condition

FDA-APPROVAL implies that the insurance company will cover the cost of the medication for the specific indication

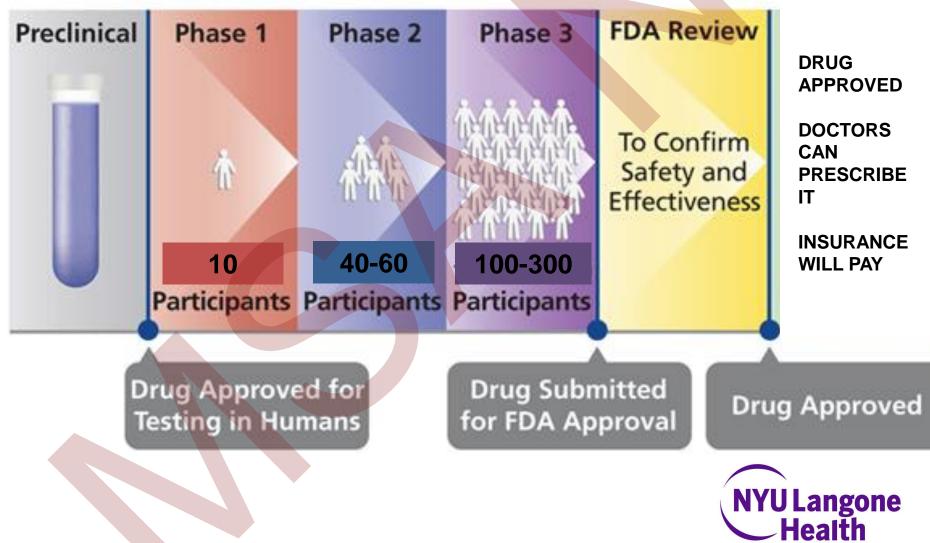






Clinical Trials

Animals



Two types of trials

1. Clinical trials to test if a drug can improve symptoms (symptomatic therapy)

- ✓ Neurogenic orthostatic hypotension
- ✓ Neurogenic bladder
- ✓ Constipation
- ✓ Depression
- ✓ Tremors



Two types of trials

2. Clinical trials to test if a drug can slow the progression of the disease (disease modifying therapy)

✓ Symptoms may or may not improve (may worsen)✓ Think of this as a cancer drug





Which of these is FDA-approved to slow the progression of MSA?

- B. Hyperbaric oxygin MSA not proven C. Medical officiacy

C. Medical efficacy D. And efficacy D. And efficacy Safety and efficacy Safety and efficacy Not FDA approved for them out of pocket Not FDA approved for them out of pocket



Pros and cons of participating in a trial

PROS

- ✓ Possibility of
- ✓ Being evalua
- ✓ Contributing ↑

CONS

You may rec
The drug ma
Trials require.

ful drug for free

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eless

X Trials require and communication, months or years



Where to find legit clinical trials

NIH) U.S. National Library of Medicine ClinicalTrials.gov

Find Studies -	About Studies -	Submit Studies 💌	Resources -	About Site 🔻
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ClinicalTrials.gov is a database of privately and publicly funded clinical studies conducted around the world.

Explore 300,807 research studies in all 50 states and in 208 countries.

ClinicalTrials.gov is a resource provided by the U.S. National Library of Medicine.

IMPORTANT: Listing a study does not mean it has been evaluated by the U.S. Federal Government. Read our <u>disclaimer</u> for details.

Before participating in a study, talk to your health care provider and learn about the risks and potential benefits.

Find a study (all fields optional)	
Status O	
O Recruiting and not yet recruiting studies	
All studies	
Condition or disease () (For example: breast cancer)	
	×
Other terms ① (For example: NCT number, drug name, investigator name)	
	x



Two trials for MSA now at NYU

- To test if a drug is effective to treat neurogenic orthostatic hypotension (TD-9855, Ampreloxetine)
 - New investigational drug
 - Phase 3 study
 - Pharmaceutical company (Theravance)
- To test if a drug is effective to slow the progression of MSA (sirolimus)
 - FDA-approved drug to treat organ transplant rejection
 - Phase 2 study
 - NIH-sponsored



Theravance Trial

- Most patients with MSA have neurogenic orthostatic hypotension
- Currently approved treatments (midodrine, fludrocortisone, Northera®) are not satisfactory in ~30% of patients
- Ampreloxetine (TD-9855) has a completely different mechanism



Theravance Trial

 Phase 2 studies showed that the drug is safe and potentially effective to improve symptoms of nOH and increase BP when standing

• A Phase 3 study is now in place and actively enrolling patients.



Theravance trial for nOH

- Where? Several sites in the U.S. NYU the only one in the U.S. East Coast
- How many people? ~200 subjects
- How is the drug given? Oral tablets, once a day, for 1 month.
- Could I get placebo? Yes 50% chance
- How do you determine the efficacy of the drug? Symptoms of nOH and blood pressure
- Do I have to pay to be enrolled? No, not at all.
- Are patients reimbursed for travel/time? Yes



Theravance trial for nOH

- What are the main inclusion criteria?
 - nOH caused by MSA, PD or PAF
 - Symptoms of dizziness/lightheadedness have to be moderate
- What are the main exclusion criteria?
 - Renal failure
 - Dementia
 - Patients need to stop midodrine or Northera

Possibility of receiving the study drug for 6 more months after the first month of the trial



Theravance trial for nOH

Interested? Questions?

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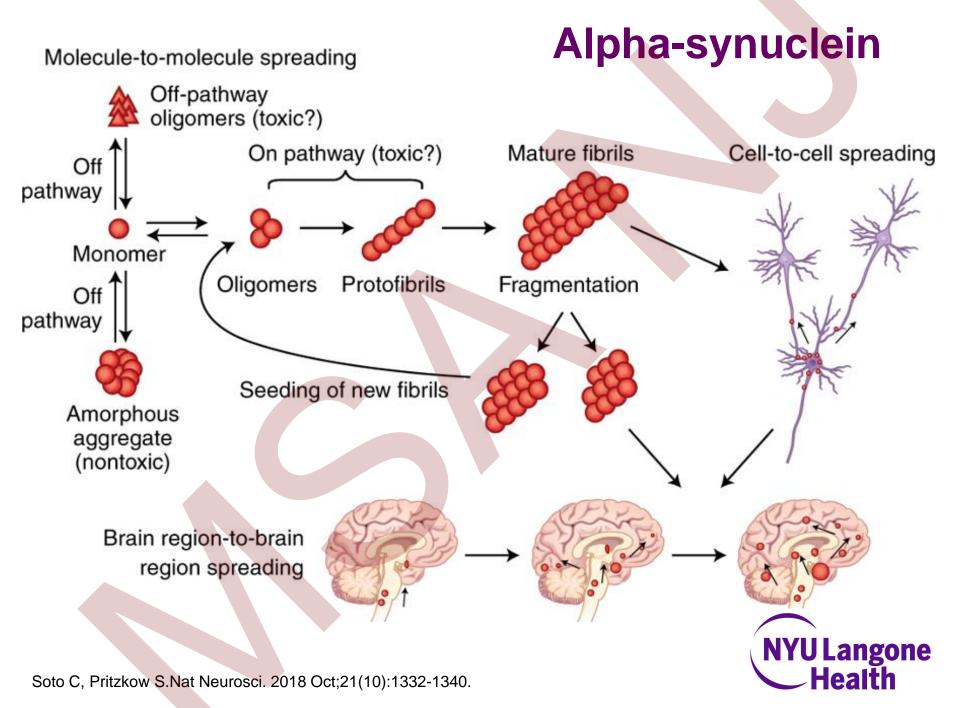
 Sirolimus (Rapamycin) is a potent immunosuppressant approved by the FDA for over 2 decades for the treatment of various disorders:

Prevention of organ transplant rejection
 Lymphangioleiomyomatosis
 Rare pediatric cancers



- Sirolimus (Rapamycin) is also a potent activator of autophagy
- Autophagy: the process by which the organism eliminates proteins that are excessively accumulated
- MSA is caused by excessive accumulation of the protein alpha-synuclein





- When used in cellular and animal models of Parkinson disease, MSA and other neurodegenerative disorders, treatment with sirolimus:
 - Stopped and prevented the deposition of alphasynuclein
 - Stopped neurodegeneration
 - Improved motor function
 - Prevented aging

Alpha-synuclein clumps

3. Residue is expelled from cell

2. Digestion/degrada tion occurs

1. Autophagosome forms

Lysosome fuses with autophagosome

SIROLIMUS (Rapamycin) activates autophagy of alphasynuclein



- Good and promising data in cells and animal models
- Sirolimus has never been tested in humans to treat a neurodegenerative disease
- We need a clinical trial!



Sirolimus trial for MSA

- Where? Only at NYU this is a single-center trial
- How many people? 56 subjects
- How is the drug given? Oral tablets, once a day, for 1 year.
- **Could I get placebo?** Yes: 42 will receive sirolimus and 14 will receive placebo.
- How do you determine the efficacy of the drug? UMSARS, brain MRI and retinal scan
- Do I have to pay to be enrolled? No, not at all.
- Are patients reimbursed for travel/time? Yes



Sirolimus trial for MSA

What are the main inclusion criteria?

- MSA diagnosed within 4 years
- Patient is able to walk (with or without a cane/walker)
- Patient is less than 80 years old
- What are the main exclusion criteria?
 - Immunosuppression
 - Chronic infection such as HIV, hepatitis or tuberculosis
 - Extremely high cholesterol or major disease (i.e., renal failure, cardiac failure, severe diabetes, etc.)
 - Pacemaker (incompatible with MRI)



Sirolimus trial for MSA

Interested? Questions?

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Summary

- Clinical trials are needed to prove if a drug works or not
- ✓ FDA requires clinical trials before approving a drug - insurance
- ✓ Getting involved in clinical trial has pros and cons
- Clinical trials for MSA are now open at NYU

